



SUMMER VOLLEYBALL TRAINING

Tuesdays, Thursdays and Fridays (June 4-July 19)

Belleville Campus • Varsity Gym

Beginner/Intermediate: **9-11 a.m.**

Older/Competitive: **11:30 a.m.-1:30 p.m.**

Instruction on all volleyball skills:

- Serving
- Setting for setters
- Hitting
- Skills games
- Coaching instruction
- Passing
- Setting for everyone
- Digging
- Competitive games

Come on out and improve your volleyball craft to prepare you for middle school, high school or club volleyball!



For more information:

Head Coach Warren Thomas

warren.thomas@swic.edu

575-430-0286

Vicki Channer

vicki.channer@swic.edu

618-235-2700, ext. 5450

COST:
\$10 PER STUDENT
PER VISIT



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