

## **Psychiatric Rehabilitation Certificate Program Mission Statement**

The Psychiatric Rehabilitation Certificate Program (PRCP) at Southwestern Illinois College upholds the dignity and worth of the psychiatric rehabilitation profession. We believe that learning is a lifelong process which enhances our lives as well as our clients' lives. Through PRCP, our purpose is to provide students with the knowledge, technical skills, communication skills, positive attitude, and work ethic needed for a career in psychiatric rehabilitation. The Program continually assesses student learning and makes necessary modifications in teaching methods to best prepare students for practice as psychiatric rehabilitation providers.

### **Educational Goals**

The Psychiatric Rehabilitation Certificate Program will graduate students that can:

- A. Define psychiatric disability and current approaches to treatment.
- B. Communicate effectively with clients, their families, and co-workers.
- C. Refer individuals appropriately within the mental health system to ensure continuity of care.
- D. Recognize signs and symptoms of multiple types of psychiatric illnesses and addictions.
- E. Respond to the case management needs of a variety of "special populations" of persons.
- F. Apply skills training to improve clients' levels of functioning.
- G. Teach cognitive skills such as problem-solving, attending, and task organization.
- H. Utilize role-play techniques with clients to teach necessary skills.
- I. Identify the uses and possible major side effects of various psychiatric medications.
- J. Implement crisis intervention techniques.
- K. Explain eligibility criteria and application procedures for benefits in order to allow clients access to needed services.
- L. Perform CPR, First Aid, Heimlich Maneuver, and Seizure Response.
- M. Determine vital signs and report them accurately.
- N. Apply the basic principles of infection control and sanitation.
- O. Identify legal issues within the mental health system.
- P. Act in accordance with the "Human Services Code of Ethics" and the law.
- Q. Advocate for clients, their families, and workplace.
- R. Conduct interviews for assessment and treatment planning.
- S. Apply behavioral techniques for implementing programs that promote desired skills.
- T. Interact therapeutically and respectfully with individuals and groups from diverse backgrounds.
- U. Provide vocational and skills training.
- V. Connect individuals with family and community support systems.