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Online Source	Parenthetical Citation	References
Website documents and other online sources	General format: (Author Last Name, OR Title, Year) (Author Last Name, OR Title, Year, p. # OR para. #). [for direct quotes]	General format (include available elements): Author (if known), corporate author or screen name. Date published (if not known, put n.d.) <i>Title of specific document</i> . Name of website/online source. DOI/URL. When citing an entire Web site, give the URL of the site only on the reference page. Do not use database URLs. Use Retrieved date before URL's ONLY when the page's content is likely to change (ie: Wikipedia pages are often updated).
Website page	(Roberts, 2007).	Roberts, M. (2007). <i>Wild nature: Alaskan Animals</i> . Nature Resources. http://www.natureresources.com
Website page (no author)	(New child, 2001, para. 3).	New child vaccine gets finding boost. (2001). American Psychological Association. http://www.apa.org/pi/wpo/sexualization.html
Entire website	(Smith, 2014).	Smith, D. (2009). United Feminist Alliance. http://www.ufa.com
Entire website (no author or editor)	(Purdue OWL, 2019).	The Purdue OWL Family of Sites. (2019). Retrieved September 12, 2013, from http://www.purdue.owl.com
Online posting (Post to a social media forum, discussion group, etc.)	(Jones, 2001).	Jones, D. (2001, February 3). California solar power [Msg.1]. Message posted to sci.space.policy, archived at http://yarchive.net/space/politics/california_power.html
Online journal article with a DOI (digital object identifier)	(Ray et al., 2008, p. 140).	Ray, R., Wilhelm, F., & Gross, J. (2008). All in the mind's eye? Anger rumination and reappraisal. <i>Journal of Personality and Social Psychology</i> , 94 (1), 133-145. doi: 10.1037/0022-3514.94.1.133
Online journal article without a DOI	(Sillick & Schutte, 2006, pp.42-45).	Sillick, T.J., & Schutte, N.S. (2006). Emotional intelligence and self-esteem mediate between perceived early parental love and adult happiness. <i>E-Journal of Applied Psychology</i> , 2(2), 38-48. http://ojs.lib.swin.edu.au/index.php/ejap
Journal article from a library database	(Gore, 1916, p. 355).	Gore, W.C. (1916). Memory, concept, judgment, logic (theory). <i>Psychological Bulletin</i> , 13(9), 355-358. Retrieved from PsycARTICLES database.
Online magazine article	(Clay, 2008).	Clay, R. (2008, June). Science vs. ideology: Psychologists fight back about the misuse of research. <i>Monitor on Psychology</i> , 39(6). http://www.apa.org/monitor

Online Source	Parenthetical Citation	References
Electronic version of a printed book	(Shotton, 1989).	Shotton, M.A. (1989). <i>Computer addiction? A Study of computer dependency</i> [DX Reader version]. http://www.ebookstore.tandf.co.uk/html/index.asp
Book published only electronically	(O'Keefe, n.d.). Note: n.d. means no date	O'Keefe, E. (n.d.) Egosim & the crisis in Western values. http://www.onlineoriginals.com/showitem.asp?itemID=135
Article on website	(Lopez, n.d.).	Lopez, M., (n.d.). Intellectual development of toddlers. <i>National Network for Childcare</i> . http://www.ncc.org/Child.Dev/intel.dev.todd.html
Image, photograph, work of art	(Smith, 1950).	Smith, W.E. (1950). <i>Guardia civil, Spain</i> [photograph] Minneapolis: Minneapolis Institute of Arts.
YouTube video/online video	(Shimabukuro, 2008).	Shimabukuro, Jake. 2008. Ukele weeps by Jake Shimabukuro [Video]. YouTube. http://www.youtube.com/results?search_query=ukulele+weeps+by+jake+shimabukuro&aq=1s&oq=ukele+weeps
Books	General format: Author Last Name, Year, p. #). [for direct quotes]	General format: Author's Last name, First initial. Second initial, (Year). <i>Book title: Subtitle</i> . Publisher.
One author	(Brookfield, 2001, p. 26).	Brookfield, H. (2001). <i>Exploring agrodiversity</i> . Columbia University Press.
Two authors	(Siegel & Halio, 2010, p. 34).	Siegel, B., & Halio, J. (2010). <i>Playful and serious: Philip Roth as a comic writer</i> . University of Delaware Press.
Three or more authors (up to 20) <i>Note the different requirements for the in-text citation and the reference page. See the APA manual for more info.</i>	In-text citation: 3 or more authors , cite first authors' last names et al., (Croteau et al., 2011, p. 57). (Last name et al., year, p.#).	Croteau, D., Hoynes, W. & Milan, S. (2011). <i>Media/Society: Industries, images, and audiences</i> . (4 th ed.). Sage. (On the reference page, list all authors up to 20. For more than 20 authors, list the first 19 names followed by a comma, three ellipsis dots, and the last author's name.)
Type	Parenthetical Citation	References
Other sources		Formats vary; See the APA Handbook for more details.

TV program* use the name of the medium inside brackets: [DVD]	(Favreau & Filoni, 2019).	Favreau, J. (Writer), & Filoni, D. (Director). (2019, November 12). Chapter 1 (Season 1, Episode 1) [TV series episode]. In J. Favreau, D. Filoni, K. Kennedy, & C. Wilson (Executive Producers), <i>The Mandalorian</i> . Lucasfilm; Golem Creations.
Film/movie	(Fleming, 1939).	Fleming, V. (Director). (1939). <i>Gone with the wind</i> [Film]. Selznick International Pictures; Metro-Goldwyn-Mayer.
Online/email interview or personal interview	Hayden Doe (personal communication, January 4, 2011).	Not cited on the reference page.
Journal article	(Grady et al., 2019).	Grady, J. S., Her, M., Moreno, G., Perez, C., & Yelinek, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. <i>Psychology of Popular Media Culture, 8</i> (3), 207–217. https://doi.org/10.1037/ppm0000185
Podcast or radio broadcast	(Meraji & Demby, 2016–present).	Meraji, S. M., & Demby, G. (Hosts). (2016–present). <i>Code switch</i> [Audio podcast]. National Public Radio. https://www.npr.org/podcasts/510312/codeswitch
Music recording	(Beyonce', 2016).	Beyonce'. (2016). Formation [Song]. On <i>Lemonade</i> , Parkwood; Columbia.
TED Talk	(Cicerone, 2007).	TED. (2019, November 13). <i>The danger of AI is weirder than you think Janelle Shane</i> [Video]. YouTube. https://www.youtube.com/watch?v=OhCzX0iLnOc
Map or chart	Give source information with a caption under the chart or map	Lewis County Geographic Information Services (Cartographer). (2002). Population density, 2000 U.S. Census [Demographic map]. Retrieved from http://www.co.lewis.wa.us/publicworks/maps/Demographics/census-pop-dens-_2000.pdf
X Post	(Obama, B. [@BarackObama], 2024, May 17).	Obama, B. [@BarackObama]. (2024, May 17). Today marks 70 years since the Supreme Court handed down its landmark decision in Brown v. Board of Education, outlawing [Post]. X. https://x.com/BarackObama/status/1791540592238874953

APA Style Header Formatting

- In Word 2016 choose the Insert ribbon (3rd tab) and click Header, which opens a list of options.
- Choose the Edit Header option near the bottom.
- Under the Header & Footer Tools design tab on top, select the check box Different First Page.
- Next, click the Page Number icon at the left and choose the Top of Page option.
- Click Plain Number 3 which shows the number on the right. You will see a “1” at the right margin.

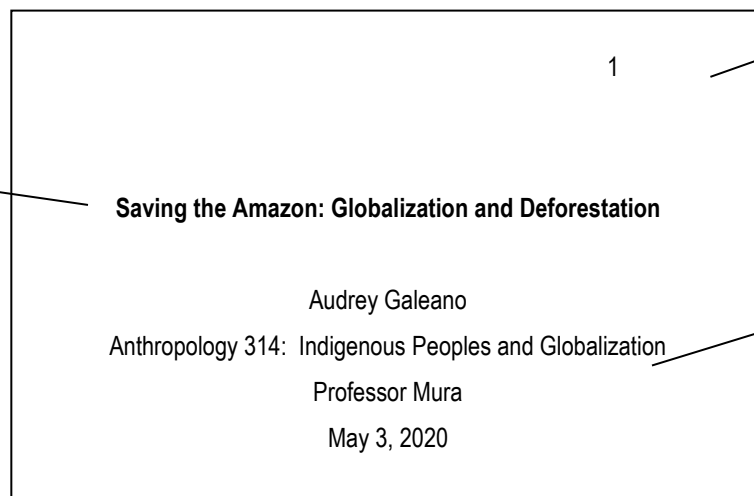
- Type the shortened version of your title (less than 50 characters) in all caps. Hit “Tab” to move the title header to the left margin.
- Go to page 2 of your document and click the Page Number icon at the left.
- Choose the Top of Page option and click on Plain Number 3 again. A “2” should appear at the right margin.
- Now type only the shortened version of the title next to the page number. Hit “Tab” to move it to the left margin.
- Check the remaining pages; the new heading and page number should appear on each.
- Click the red X labeled Close Header and Footer to return to the normal page view.

Sample APA Style Paper

APA TITLE PAGE

Title bold, centered, and on the top half of the page.

Running head no longer required.

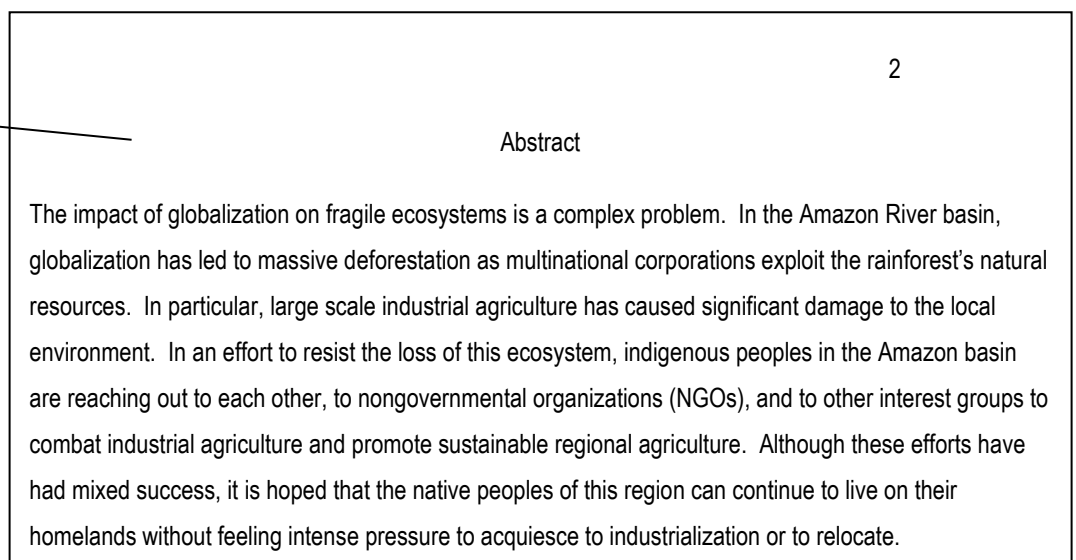


Page number appear on each page of the paper.

APA title page: double-space title, space, your name, course information, and due date unless your instructor gives you different guidelines. All information is double-spaced and centered vertically on the page.

ABSTRACT

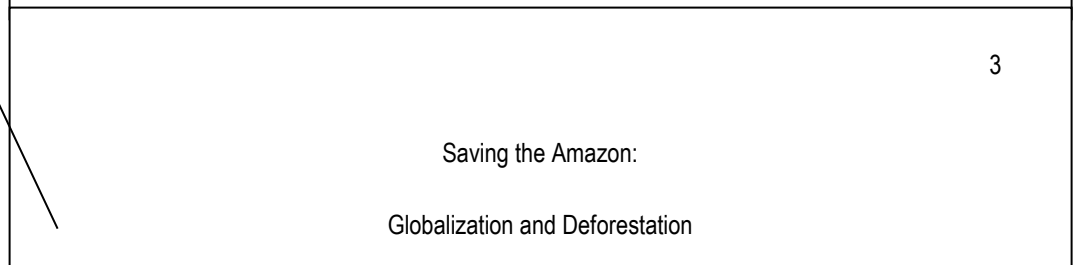
If required by your instructor, an abstract should be on page two of your paper. It is usually one paragraph (not indented), contains your thesis, a summary of the research paper, and your key points. An abstract is double-spaced and is 150-250 words.



FIRST PAGE

APA style uses **one inch margins on all sides**, normal paragraph indentation is a tab of .5 in. and double-spacing throughout.

The full title is centered on the page. Notice that the introduction sets up the focus of the paper for



**TEXT, CITATIONS,
AND HEADINGS**

Sustainable Lifeways, Endangered Lives

Use boldface for headings and subpoints. Consult the APA publication manual for other heading and subpoints.

After the first reference, use single author and et al. for works with 3-5 authors (Walker, et. al., 2000).

For 3 or more authors, use et al. in all citations, including the first.

The page number is not needed unless a direct quote is used. An ellipsis followed by a period (. . .) indicates that information has been omitted.

The previous thousands of years of human influence on the Amazon is slight, however, compared with the modern-day destruction of rain forests around the globe, and in the Amazon River basin in particular. The sources of this destruction vary from country to country and year to year, with certain years affected more by climate change and other years seeing greater destruction from human initiatives, such as logging (Walker, Moran, & Anselin, 2000).

Cattle ranching has also led to the deforestation of the Amazon. The Cattle population of the Amazon nations increased from 26 million in 1990 to 57 million in 2002 (Prugh, 2004). . . . Ranching, Barrett (2001) observes, "doesn't require nutrient-rich soil" and therefore "took the place vacated by other activities, along with the blame for soil erosion and loss of biodiversity" (p.1).

Note: The author and year is in the signal phrase, and the page number is required with a direct quote.

REFERENCES

References

References are listed in alphabetical order and double-spaced. List all the sources used.

Italicize titles of books and journals. Capitalize all major words in the journal title.

For other works (books, articles, web pages), capitalize only the first letter of the first word of a title or subtitle.

Give the last name and initials for all authors unless the work has more than 20 authors. In that case, use the first author's name followed by the abbreviation et al. which means "and others." If the author is unknown, alphabetize the source by the first major word of the

Barrett, J.R. (2001). Livestock farming: Eating up the environment? *Environment Health Perspectives*, 109(7), A312.

Brookfield, H. (2001). *Exploring agrodiversity*. New York: Columbia University Press.

Prugh, T. (2004). Ranching accelerates Amazon deforestation. *World Watch*, 17(4), 8.

Santos, J.R., Mura, J.C., Paradella, W.R., Dutra, L.V. & Goncalves, F. G. (2008). Mapping recent deforestation in the Brazillian Amazon using simulated L-band MAPSAR images. *International Journal of Remote Sensing*, 29(16), 4879-4884. doi: 10.1080/01431160802158302

Stewart, A. (2004, July 14). Brazil's soy success brings environmental challenges. *Dow Jones*. <http://www.amazonia.org.br/English/noticias/noticia.cfm?id=116059>

Walker, R., Moran, E., & Anselin, L. (2000). Deforestation and cattle ranching in the Brazilian Amazon external capital and household processes. *World Development*, 28(4), 683-699.

Wilmer, F. (1998). Taking indigenous critiques seriously: The enemy "r" us. In K. Lifton (Ed.), *The greening*

Note: For online journal articles, APA guidelines recommend using the DOI (Digital Object Identifier) if available instead of a URL. No retrieval date is needed. For online sources without a DOI, include a full URL and a retrieval date since they may be updated or changed later.

APA General

Guidelines

The American Psychological Association (APA) is the style of documentation often used in the social science disciplines to indicate how a writer has incorporated research information into the paper. The two main components of APA style documentation are **in-text citations** (brief references in the text of the paper) and a **reference page** (a complete alphabetical listing of each source) at the end of the paper.

Choosing to use any part of someone else's work, whether using a direct quotation or simply paraphrasing that writer's ideas, requires acknowledgement. By providing accurate citations and references, a writer is able to build credibility with readers and direct them to research sources. Additionally, carefully and accurately citing sources in APA style will help students avoid plagiarism. (See the *SWIC Student Handbook Student Conduct Code* for more information regarding plagiarism.)

APA Formatting (Always check with your instructor for specific requirements)

- Set the paper for double spacing, including the reference page and block quotations.
- Use a standard font such as Times New Roman size 12.
- Set margins at one inch on all sides; don't add extra spacing between paragraphs or after titles.
- Use a separate title page and a running head followed by a shortened form of the title and insert the page number.
- The running head will not appear on every page of the paper. When inserting the header, be sure to select "different first page." Tab all information in the running head so it begins at the left-hand margin. (Check with your instructor for header requirements).
- Subsequent pages of the paper will need the title typed in all caps and the page number. (Check with your instructor for additional requirements).
- Check the instructor's paper requirements for including an abstract (a summary of the paper's purpose and content in 150-250 words). An abstract appears on the second page. The word "abstract" should be centered under the heading (Do not bold, underline, italicize, punctuate or use special fonts).
- Position visuals such as charts, images, etc., near the corresponding text in the paper and provide a caption with notes and citation information about the source. Number figures and tables consecutively in the paper.
- Start the reference page on a separate page: it's part of the paper and continues with the next page number.