

# SWIC BASEBALL

## WALK-ON TRYOUTS

**WHEN: TUESDAY, AUG. 20, 3:00 P.M.**

**WHERE: SWIC BASEBALL FIELD**

**PRE-REGISTRATION:** email [monty.aldrich@swic.edu](mailto:monty.aldrich@swic.edu) and an informational form will be emailed back to complete

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### **MUST BRING:**

**BAT, GLOVE, HELMET, SPIKES, PROTECTIVE GEAR**

**ICE WATER IF POSSIBLE**

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### **PRO-STYLE WORKOUT/EVALUATION**

**60 YARD DASH**

**OUTFIELDERS WILL FIELD/THROW**

**INFIELDERS WILL FIELD/THROW**

**CATCHERS THROW HOME TO 2B**

**PITCHERS WILL THROW IN BULLPEN (10-20 PITCHES)**

**BATTING PRACTICE FOR ALL PARTICIPANTS**

*ONLY TRYOUT PARTICIPANTS WILL BE ALLOWED IN THE DUGOUTS AND ON THE FIELD*

