

MATRIX OF MT PROGRAM EDUCATON GOALS AND COURSE OBJECTIVES

Educational Goals	MT 101	MT 102	MT 160	MT 190	MT *195	MT 200	MT 201	MT 202	MT 203	MT 220	MT 270	MT 280
Perform patient assessment to determine if massage is indicated and refers client to appropriate healthcare professional when client's history/complaints are out of the scope of practice for a massage therapist.	I		E	R	R	E	E		E	E	R	R
Explain basic human anatomy, physiology, and development and how it is relevant to providing massage therapy interventions.	I	E	E	R	R		E	E	E	E	R	R
Develop a plan for the client based on the client's history and goals that includes massage, alternative therapies and/or instruction in practices that will promote the client's overall health and well-being.	I		E	R	I		E		E		R	R
Utilize equipment common in massage therapy correctly.	I			R	I						R	R
Demonstrate competency in performing basic and advanced massage techniques in a professional, safe, and effective manner.	I		E	R	I		E		E		R	R
Develop and utilize strategies for maintaining professional boundaries with clients.	I		E	R	R	E	E		E		R	R

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Monitor client response to techniques and make adaptations/modifications as indicated.	I		E	R	R		E		E		R	R
Utilize appropriate body mechanics during massage to enhance the effectiveness of the massage and reduce the stress on the body worker.	I		E	R	R		E		E		R	R
Demonstrate competency in the application of alternative therapies utilized in massage therapy.			E	R			E		E		R	R
Utilize appropriate and effective communication skills during interactions with clients.	I		E	R	R		E		E		R	R
Document interactions with clients and maintain client records.	I			R	R	E					R	R
Practice massage therapy within the limits of the law and in an ethical manner.	I		E	R	*I	E					R	R

I- Introduced

E- Emphasized

R- Reinforced

***= pending ICCB approval**

Division: AH/PS/IT

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