

## ASSOCIATE IN ARTS: HEALTH & PHYSICAL EDUCATION PRE-MAJOR



### CONTACT US

For general questions, contact:

[advising@swic.edu](mailto:advising@swic.edu).

For Health/PE questions, contact the department chair:

[scott.wolf@swic.edu](mailto:scott.wolf@swic.edu) or 618-797-7435

### AREA OF INTEREST

Education, Communication, & Fine-Arts

### TOTAL CREDITS REQUIRED

64

### CATALOG YEAR

2022-2023

### PROGRAM

Associate in Arts

### TYPE

Transfer

### ACADEMIC PLAN

0001

### TUITION

\$8,128 plus books fees

### CAMPUS LOCATIONS

Belleville  
Sam Wolf Granite City  
Red Bud Online



### DESCRIPTION

The Health/Physical Education pre-major is primarily designed to prepare students for careers in teaching physical education and/or health education, coaching, or recreation.



### EMPLOYMENT OPPORTUNITIES

Career opportunities in health/physical education are expected to grow faster than the average. Career opportunities exist as:

|   |  |
|---|--|
| Elementary, middle, and high school teacher | Activities director                      |
| Physical education specialist               | Sporting goods sales and marketing       |
| Health educator                             | Community/commercial recreation director |
| Individual and team coach                   | Sports official/referee/umpire           |
| Athletic director                           | Activities director                      |

### Career Information for Health/PE Majors



### COURSE SEQUENCE BY TERM

The following is the suggested course sequence by term. Please keep in mind:

- The course sequence is laid out by suggested term and may be affected when students enter the program at different times of the year.
- Initial course placement is determined by current district placement measures and/or completion of 100-200 level course and/or program requirements.
- Students should meet with an academic advisor about any concerns that may affect course enrollment.
- **This guide includes course suggestions for students undecided on where they plan to transfer. If you know where you are transferring to for your bachelor's, follow that institution's transfer requirements.**

## ASSOCIATE IN ARTS: Health & Physical Education

Student's Name: \_\_\_\_\_

Date: \_\_\_\_\_



| Course #               | Course Name                                    | Requisites                             | Taken         | Credits   |
|------------------------|--|--|---------------|-----------|
| <b>Term 1</b>          |  |  |               |           |
| <b>COMM 151</b>        | <i>Public Speaking</i>                         |  |               | <b>3</b>  |
| <b>S/S*</b>            | <i>Social Science*</i>                         |  |               | <b>3</b>  |
| <b>ENG 101</b>         | <i>Rhetoric &amp; Comp I</i>                   |  |               | <b>3</b>  |
| <b>HES 155</b>         | <i>Physical Fitness &amp; Wellness</i>         |  |               | <b>2</b>  |
| <b>MATH 107/111</b>    | <i>General Statistics OR Liberal Arts Math</i> |  |               | <b>4</b>  |
| <b>Term 2</b>          |  |  |               |           |
| <b>ENG 102</b>         | <i>Rhetoric &amp; Composition II</i>           | <i>Grade of C or higher in ENG 101</i> |               | <b>3</b>  |
| <b>HES 158</b>         | <i>Consumer Health</i>                         |  |               | <b>3</b>  |
| <b>HES 156</b>         | <i>Individual Exercise &amp; Health</i>        |  |               | <b>2</b>  |
| <b>PSYC 151</b>        | <i>General Psychology</i>                      |  |               | <b>3</b>  |
| <b>BIOL 100</b>        | <i>General Biology</i>                         |  |               | <b>4</b>  |
| <b>HES 152</b>         | <i>First-Aid Medical Self Help</i>             |  |               | <b>2</b>  |
| <b>Term 3</b>          |  |  |               |           |
| <b>ART 103/MUS 110</b> | <i>Non-Western Art OR World Music</i>          |  |               | <b>3</b>  |
| <b>HUM*</b>            | <i>General Humanities*</i>                     |  |               | <b>3</b>  |
| <b>ED 252</b>          | <i>Educational Psychology</i>                  | <i>PSYC 151</i>                        |               | <b>3</b>  |
| <b>ED 255</b>          | <i>Intro to Education</i>                      |  |               | <b>3</b>  |
| <b>P/S*</b>            | <i>Physical Science</i>                        |  |               | <b>4</b>  |
| <b>Term 4</b>          |  |  |               |           |
| <b>BIOL 157</b>        | <i>Anatomy &amp; Physiology I</i>              |  |               | <b>5</b>  |
| <b>HES 154</b>         | <i>Nutrition, Exercise, &amp; Weight Mgmt</i>  |  |               | <b>2</b>  |
| <b>ADTL HUM/FA*</b>    | <i>Additional Humanities OR Fine-Arts*</i>     |  |               | <b>3</b>  |
| <b>SOC 153</b>         | <i>Intro to Sociology</i>                      |  |               | <b>3</b>  |
| <b>HES 170</b>         | <i>Intro to Exercise Science</i>               |  |               | <b>3</b>  |
|                        |  |  | <b>TOTAL:</b> | <b>64</b> |

\*See Academic Advisor for course descriptions.

### GET STARTED

Find the [Steps to Enrollment](#) on SWIC.edu

### CHOOSE A TRANSFER SCHOOL

[SIUE Public Health](#)

4/5/2022